

# Menu & Special Diet Information

(Current as of 7/25/24)

Our mission in the Child Nutrition Department is to uphold our Child Nutrition Promise. Our #1 focus is to put our customers first and provide nutritious meals to our students.

Food orders that we receive from manufacturers are subject to change which can affect our warehouse inventory and planned menu. We work every day to maintain good communication with our food suppliers but many times product and delivery changes are difficult to predict and plan for.

We have an online menu platform called SchoolCafé. Menus can be accessed here:

<https://www.schoolcafe.com/NORTHSIDE/menus>

As always, we strive to ensure that menu and nutritional information posted online is up to date and accurate; however, we are not responsible and cannot guarantee the accuracy of all nutritional information posted on the site.

Our plan is to have the all sites providing the same menu as what is posted online. There are situations when items can become out of stock and substitutions need to be made. What is posted on our online menus is what we expect to be provided to the majority of sites. Cafeteria Managers are instructed to notify their Admin and school nurse as soon as they become aware of any food substitutions at their site that may affect the posted menu.

Ingredient information for all menu items may be accessed by scheduling an in person appointment with the District Menu Planner and Special Diets Coordinator at (210) 397-7626 and visiting the Child Nutrition district office located at 7520 Mainland Drive. Information on product ingredients will not be sent electronically.

## Special Dietary Needs and/or Food Allergies

Substitutions (special diets) may be made to the standard menu for students who have medical documentation outlining their food allergy and/or special dietary need. This documentation must be completed and signed by a medical authority and returned to the student's cafeteria, school nurse, and/or the Child Nutrition District Office (email the district office at [specialdiets@nisd.net](mailto:specialdiets@nisd.net)). The medical authority

Each special dietary request must be supported by a statement that explains the food substitution that is requested. The statement must identify:

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